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NEWS RELEASE

Trading Symbol QHR (TSX-V)

QHR ANNOUNCES \$600,000 IN NEW BUSINESS

Not for distribution in the United States or through United States wire services.

December 12, 2005 (QHR – TSX Venture Exchange) Mr. Al Hildebrandt, President and CEO of the Company, is pleased to report that the Company's wholly owned subsidiary QHR Software Inc. has been awarded several new contracts from healthcare clients in Western Canada and the Maritimes to supply various human resource (HR) management tools from its integrated suite of proprietary Quadrant HR™ software.

The contracts will provide approximately \$600,000 in new revenue for the Company. They cover a range of HR applications that will include payroll, staff scheduling and HR administration. Implementation will commence immediately and there are no additional resources or product developments required to fulfill these contracts.

The marketing of Quadrant HR™ involves a complicated and lengthy sales process that can take several years to complete. The Company is currently negotiating and finalizing contractual arrangements with several organizations in Western Canada, Ontario and the Maritimes. QHR hopes to announce the impact of additional contracts in the near future.

For a more complete business and financial profile of the Company, management encourages interested parties to visit the Company's website, www.QHRtechnologies.com.

This news release may contain opinions and forward-looking statements that reflect the Company's current expectations, forecasts and assumptions. These may involve risks and uncertainties that could cause actual future results to be materially different. Investors are cautioned against placing undue reliance on forward-looking statements. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

On behalf of the Board of Directors

Al Hildebrandt
President & Chief Executive Officer

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