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NEWS RELEASE

Trading Symbol QHR (TSX-V)

QHR CONTINUES TO GROW ITS ACCURO-EMR CUSTOMER BASE

Not for distribution in the United States or through United States wire services.

November 9, 2005 (QHR – TSX Venture Exchange) Mr. Al Hildebrandt, President and CEO of the Company, reports that the Company's wholly owned subsidiary Optimed Software Corporation ("Optimed") has established trademark applications for Accuro EMR™ in Canada and the United States. The name Accuro EMR™ more clearly identifies the product with its customers in Canada and the United States. The Canadian trademark for "Accuro™" was registered to Optimed on October 24, 2005.

Accuro EMR™ continues to gain market share in an industry segment that is consolidating due to the financial investments required to meet increasingly demanding regulatory guidelines. Since acquiring Accuro EMR™ in April 2004 the technology has been successfully engineered to conform to the stringent requirements of the Vendor Conformance and Usability Requirements ("VCUR") in the Province of Alberta.

Alberta is currently the only province to have these requirements but other provinces are expected to follow their lead to establish and require conformance with such standards. Accuro EMR™ is fully integrated and does not rely on functionality from other independent vendors. This approach ensures that Optimed is in full control of its product development and assures regulatory compliance at all times.

Sixty-one (61) clients used the Accuro™ system at the end of 2004. The customer base has now grown to exceed 160 clients in Western Canada in 2005. Market share is being secured by referrals from existing customers who enjoy the product support services and value of the application. As more successful "reference" sites are established, the overall effect of referrals is expected to accelerate customer adoption rates. The profit model for Accuro EMR™ is based on the growth of its recurring monthly cash flows. The goal is to assure annual profitability in future periods from the cash flows from a stable client base.

For a more complete business and financial profile of the Company, management encourages interested parties to visit the Company's website, www.QHRtechnologies.com.

This news release may contain opinions and forward-looking statements that reflect the Company's current expectations, forecasts and assumptions. These may involve risks and uncertainties that could cause actual future results to be materially different. Investors are cautioned against placing undue reliance on forward-looking statements. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

On behalf of the Board of Directors

Al Hildebrandt
President & Chief Executive Officer

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