



Suite 210 – 1632 Dickson Avenue
Kelowna, BC Canada V1Y 7T2
Telephone : (250) 763-3122
Facsimile : (250) 717-5266
E-mail : info@QHRtechnologies.com
Website: www.QHRtechnologies.com

October 28, 2005

NEWS RELEASE

Trading Symbol QHR (TSX-V)

QHR TECHNOLOGIES ANNOUNCES \$250,000 IN NEW BUSINESS

Not for distribution in the United States or through United States wire services

October 28, 2005 (QHR-TSX Venture Exchange) Mr. Al Hildebrandt, President and CEO of the Company, is pleased to report that the Company's wholly owned subsidiary QHR Software Inc. has been awarded a new contract from a prestigious healthcare client in Western Canada to supply its full suite of proprietary Quadrant HR™ software.

The contract will provide approximately \$250,000 in new revenue for the Company. It covers the full suite of Human Resource (HR) applications that constitute Quadrant HR™. This includes integrated payroll, staff scheduling and HR administration. Implementation will commence immediately and there is no additional product development or resources required to fulfill this contract.

There are several additional contracts that are nearing completion in 2005. The Company is currently finalizing contractual arrangements with several organizations in Western Canada, Ontario and the Maritimes. QHR hopes to announce the impact of those new contracts in the near future.

For a more complete business and financial profile of the Company, management encourages interested parties to visit the Company's website, www.QHRtechnologies.com.

On behalf of the Board of Directors

"Al Hildebrandt"

Al Hildebrandt
President & Chief Executive Officer

This news release may contain forward-looking statements that reflect the Company's current expectations, forecasts and assumptions that involve risks and uncertainties that could cause actual results to be materially different. Investors are cautioned against placing undue reliance on forward-looking statements. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

For further information, please contact:

Al Hildebrandt – CEO – at (250) 979-1701
ahildebrandt@QHRtechnologies.com

or

Jerry Diener – CFO – at (250) 979-1715
jdiener@QHRtechnologies.com

Investor Relations – Tangent Management Corporation - Toll Free: 1-866-345-0115
Email: info@tangentmanagementcorp.com