

QHR Technologies Inc.

(The "Company" or "QHR")
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News Release

Not for distribution in the United States or through United States wire services.

November 8, 2004 (QHR – TSX Venture Exchange) Mr. Al Hildebrandt, President and CEO of the Company, is pleased to announce that its wholly owned subsidiary, QHR Software Group Inc. ("QSG"), has received another contract from a Manitoba health region. This contract is expected to generate over \$400,000 including software licenses and implementation, and ongoing revenues for continuing services.

Quadrant HR™ is replacing several competitive products currently in use by the client that are not designed to function as integrated HR software. It displays the increasing progress of QSG in positioning Quadrant HR™ as an enterprise software solution for HR management in all healthcare organizations in Manitoba.

With this contract, QSG has now contracted with 8 out of 11 health regions in Manitoba and four healthcare facilities in Winnipeg. This brings the total of Manitoba based healthcare employees serviced by Quadrant HR™ to 13,500. The conditions of this agreement will place 1,550 employees on Quadrant HR™ software modules including Human Resources, Payroll, Staff Scheduling and Applicant Tracking.

This contract continues to emphasize the growing demand for completely integrated systems such as Quadrant HR™ to meet the HR needs of the entire organization. Management is pleased that the substantial investment into product development over the past several years is continuing to build value for the shareholders of the Company.

For a complete business and financial profile of the Company, management encourages interested parties to visit the Company's website, www.QHRtechnologies.com.

On behalf of the Board of Directors

Al Hildebrandt
President and Chief Executive Officer

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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