

**QHR Technologies Inc.**  
(The "Company")  
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**News Release**

*Not for distribution in the United States or through United States wire services.*

**November 18, 2003 (QHR – TSX-Venture)** Mr. Al Hildebrandt, President and CEO of the Company, is pleased to announce that QHR has executed two new contracts that will add over \$575,000 of new contract revenue to the Company's operations over the next 14 months.

The contracts have been received from Palliser Health Region ("Palliser") of Medicine Hat, Alberta and Religious Hospitallers of St. Joseph Health Centre of Cornwall ("RHSJ") located in Cornwall, Ontario. These contracts cover the purchase of the recently released Version 2.0 of the Company's integrated suite of software products known as Quadrant HR™. The majority of the revenue generated from these contracts will be recognized in the financial results for 2004. At this stage of the year, most new contract revenue will accumulate as backlog work for delivery in 2004.

These transactions will add approximately 2,550 employees to the employee service base of QHR. RHSJ will place 300 employees on Quadrant HR™ while Palliser will add 2,250 employees. The Palliser agreement is the second Alberta Health Region to contract with QHR under the Company's Alberta Wellnet Standing Offer (previously announced in 2002). With this contract, there are now 10 clients being serviced in Alberta.

Version 2.0 is designed to seamlessly integrate Human Resource management, payroll administration and staff scheduling functions within one system. These integrated functions are the cornerstone of the unique design concept that QHR is advancing in its business model.

QHR services more than forty-five client organizations with over 85,000 employees across North America. The primary design concept of Quadrant HR™ focuses on the effective administration of employee information in complex organizations such as healthcare facilities. The premise is that all HR data should be processed only once and then available to administrate all elements of HR, payroll and staff scheduling. Quadrant HR™ is designed to store, process and utilize accurate employee information, from a single HR database, especially in complex payroll, multi-position HR environments.

For a more complete corporate profile of the Company, management encourages interested parties to visit the Company's website, [www.QHRsoftware.com](http://www.QHRsoftware.com).

**On behalf of the Board of Directors**

Al Hildebrandt  
President & Chief Executive Officer

*The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.*

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