

**QHR Technologies Inc.**  
(the "Company")  
Suite #400 - 1708 Dolphin Avenue  
Kelowna, BC, V1Y 9S4  
(250) 763-3122  
www.qhrsoftware.com  
**News Release**

*Not for distribution in the United States or through United States wire services.*

**December 6, 2002 (QHR – TSX)** Mr. Al Hildebrandt, President and CEO of the Company, announced that David Procter of Kelowna has been contracted to provide Investor Relations services for the company. In addition to his IR duties, David will assist the company in its Media Relations and Corporate Communications activities. David, a long time resident of Kelowna, is actively involved in the community.

Holding a Bachelor of Applied Arts Degree in Radio and Television from Ryerson Polytechnical University, Toronto and a Certificate in the Strategic Management of Investor Relations from the University of Western Ontario, Procter has more than twenty-five years experience in Media and Investor Relations Communications, Public Affairs broadcasting, Journalism and Corporate Communications. He has worked for public and private organizations in various sectors including manufacturing, technology, energy, forestry, and the public service.

The one year contract is effective November 28, 2002. Procter will be paid \$3,000 per month for specific contracted services. Either party may cancel the Agreement upon 30 days notice to the other party. No incentive option to purchase common shares in the company has been granted at this time.

QHR Technologies Inc. is engaged in the business of developing and implementing a complete Human Resource software solution including payroll and staff scheduling. The Company's mission is to become a global leader in human resource software designed for complex payroll environments.

Management encourages interested parties to visit the Company's website, [www.QHRsoftware.com](http://www.QHRsoftware.com), for a more complete business and financial profile of the Company.

**On behalf of the Board of Directors**

Al Hildebrandt  
President & Chief Executive Officer

*The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.*

**For further information, please contact:**

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