

## PRESS RELEASE

Pursuant to section 111(1) of the *Securities Act* (British Columbia), Achievers Choice Technologies Inc. (“Achievers”) announces that it has acquired 6,220,000 common shares of QHR Technologies Inc. (“QHR”) (formerly Consolidated Team Resources Corp.). The 6,220,000 shares were acquired by Achievers from treasury of QHR on the closing of QHR’s acquisition of New Horizon Technologies Inc. and represented 52.34% of the 11,883,358 issued shares of QHR after the closing of the last two private placements announced by QHR.

Achievers is a private British Columbia company which is beneficially owned by Al Hildebrand and members of his immediate family. The 6,220,000 shares of QHR acquired by Achievers are subject to an escrow agreement which requires that the shares will be released over six years.

Dated at Kelowna, British Columbia this 6th day of July, 2000.

### **Achievers Choice Technologies Inc.**

Per: “Al Hildebrandt”  
Al Hildebrand