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NEWS RELEASE

QHR ANNOUNCES 2008 AGM BOARD MEMBERS ELECTION

Kelowna, BC, July 23, 2008 – QHR Technologies Inc. (“QHR” or the “Company”) (TSX-Venture: QHR) held its Annual General Meeting on July 21, 2008 at which six Directors were elected to the Board. Shareholders re-elected Doug Blakeway, Charles LaFleche and Al Hildebrandt as directors. New directors elected for the coming year were Dr. Ernest Wigmore, M.D., Robert W. McGowan, FCA and Ian MacPherson.

The company’s rolling stock option plan which reserves for issuance as options a maximum of 10% of the issued common shares from time to time was approved at the meeting. The shares under this option plan are reserved for issuance to employees, directors, officers and consultants; subject to TSX-Venture regulatory approval.

Dr. Ernest Wigmore is a medical doctor specializing in family medicine. He was founder and chairman of National Medical Solutions, an electronic medical records (“EMR”) provider acquired by QHR in August 2007.

Mr. Robert W. McGowan, FCA is an accomplished business executive with broad experience in publicly traded companies who recently retired as CFO for Sun-Rype Products Ltd., a TSX listed company based in Kelowna. He is a former President of the Institute of Chartered Accountants of Manitoba.

Ian MacPherson is a Management Consultant with a Masters in Public Administration who has undertaken numerous assignments in both the public and private sectors. He brings a strong background in strategy development and corporate governance.

At a Board meeting immediately following the AGM Doug Blakeway was elected Chairman of the Board.

In welcoming the new members to the Board Mr. Blakeway stated: “I look forward to working with the newly elected board for the coming year. The new members will provide a broader base of experience and strength. Dr. Wigmore brings experience in the EMR business, a key growth opportunity for QHR, while Mr. McGowan and Mr. MacPherson add strong skills in developing successful growth strategies as well in governance of public companies. The board’s task for the coming year will be to provide guidance for successful growth strategies which are directed towards increased shareholder value.”

The Company wishes to thank the retiring directors for their contributions and guidance during their tenure.

For a more complete business and financial profile of the Company, interested parties are encouraged to visit the Company’s website, www.QHRtechnologies.com.

On behalf of the Board of Directors of
QHR Technologies Inc.

Doug Blakeway, Chairman

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RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.

This press release contains forward-looking statements. Forward looking statements in this press release include that our growth strategies can increase shareholder value. Investors are cautioned that such forward-looking statements involve risks and uncertainties including, without limitation, continued acceptance of the company's products, competition, new items and technological changes, intellectual property rights and other risks. We may or may not achieve growth, and if we do, it may still not increase shareholder value. Investors are cautioned that any such statements are not guarantees for future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. For more information on the Company, Investors should review the Company's home jurisdiction filings that are available at www.sedar.com or contact the Company at 1.250.763.3122

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