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NEWS RELEASE

QHR'S EMR DIVISION, OPTIMED SOFTWARE CORPORATION, SELECTED AS A CANDIDATE APPROVED VENDOR FOR ELECTRONIC MEDICAL RECORDS (EMRs) IN MANITOBA

Kelowna, BC, December 3, 2008 – Mr. Al Hildebrandt, President and CEO of QHR Technologies Inc. (“QHR” or the “Company”) (TSX-Venture: QHR) is pleased to announce that its electronic medical records (EMR) division, Optimed, has successfully reached the ‘Candidate Approved Vendor’ step in the Manitoba RFQ process to provide Manitoba primary care providers and community physicians with a set of Approved EMRs. Optimed’s ‘Candidate Approved EMR’ is *Accuro[™] EMR* version 4. Four vendors, including Optimed, have been selected as Candidate Approved Vendors through the EMR qualification process.

The Candidate Approved Vendors will now be required to enter into a Master Standing Agreement with Manitoba and to modify their products to meet all of Manitoba’s core EMR requirements. Manitoba will then conduct a conformance testing process with each vendor to verify that all core requirements have been met; upon passing the vendor will become an Approved EMR Vendor.

For more information, visit the Manitoba eHealth web site, www.manitoba-ehealth.ca and go to the ‘News’ tab.

The RFQ process is intended to address the needs of all physicians (both family physicians and specialists) who provide care in the community. To the extent that it is in Manitoba’s control, Manitoba will require that Regional Health Authorities select any new EMR systems for the use of RHA-operated and RHA-funded clinics from among the Approved EMRs.

In announcing the selection of QHR, Mr. Hildebrandt said “QHR is well established in Manitoba and supplies HR, scheduling and payroll software to 100% of the rural Manitoba Regional Health Authorities and 10 healthcare facilities in the Winnipeg region. Manitoba is a new market for our EMR product and final approval through the RFQ process will open up new opportunities for us. We expect to announce the opening of a Winnipeg office in the near future.”

Al Hildebrandt, President and CEO

Legal Notice Regarding Forward Looking Statements

This news release may contain “forward looking statements” within the meaning of applicable Canadian securities legislation. Forward-looking statements are indicated expectations or intentions. Forward-looking statements included in this news release include that “final approval through the RFQ process will open new opportunities for us.” Results from operations in any given period are not necessarily indicative of results to be expected in future periods. QHR is a technology business development enterprise where investment; various trends and factors in the marketplace; and product enhancements must be carefully managed to achieve long-term revenue growth and profitability. These statements are subject to risks that may cause the actual results to be materially different in future periods from those expressed or implied by such forward looking statements.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. Further risk information on the Company is available at www.sedar.com.

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