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NEWS RELEASE

Ms. VICTORIA WITHERS JOINS QHR BOARD OF DIRECTORS

Kelowna, BC, October 15, 2009 – QHR Technologies Inc. (TSX-V:QHR) announces Ms. Victoria Withers as having accepted the Board of Directors' invitation, and consents to become a director of QHR effective October 14, 2009, filling a vacancy on the board.

Ms. Withers' career spanned thirty years with IBM in a wide range of senior executive management roles in Canada and the United States, with responsibilities in sales, government relations, communications, finance, human resources and general management. All roles involved aspects of consulting, coordinating people and projects, implementing new technologies, presenting to all levels of management and working as a team player. These assignments included working with a broad spectrum of government, utilities and commercial customers across Canada and internationally.

Ms. Withers has served on the boards of the Telus World of Science and the Vancouver Board of Trade and served as a cabinet member of the United Way. She is currently a Director of the Canadian Internet Registration Authority and a member of the Institute of Corporate Directors. Ms. Withers resides in Vancouver.

In announcing the appointment QHR's Chairman Mr. Doug Blakeway states that "Ms. Withers' experience in the full spectrum of business development with IBM in sales, finance, human resources and government relations will fill a role on the Board of Directors that will be very valuable to QHR and its shareholders. In addition, her membership in the Institute of Corporate Directors will be a great addition to the board related to corporate governance".

Mr. Ian MacPherson has stepped down from his Directors position effecting his resignation as of October 14, 2009 due to his increasing volunteer activities with the Vancouver 2010 Olympics. QHR commends this corporate responsibility example of community volunteerism. The QHR board would like to thank Mr. MacPherson for his contribution to the company on various committees and as a director.

On behalf of the Company

Doug Blakeway, Chairman of the Board

About QHR Technologies Inc.

QHR operates two business units in distinct markets:

The Electronic Medical Records ("EMR") division offers a suite of medical software modules that provides computer-based medical records for family physicians, medical specialists, and surgeons,

as well as administrative modules for billing and patient scheduling, that is a key component of the move throughout Canada to provide electronic healthcare records for all Canadians. The EMR division also provides on-site and off-site (ASP) hosting capabilities.

The Enterprise Management Software (“EMS”) division specializes in workforce management software, which consists of integrated payroll, staff scheduling and human resource software, and in customized financial management software built on the Microsoft Dynamics GP platform. These products are targeted at complex healthcare and social services environments.

Legal Notice Regarding Forward Looking Statements

This news release may contain “forward looking statements” within the meaning of applicable Canadian securities legislation. Forward-looking statements are indicated expectations or intentions. Results from operations in any given period are not necessarily indicative of results to be expected in future periods. QHR is a technology business development enterprise where investment; various trends and factors in the marketplace; and product enhancements must be carefully managed to achieve long-term revenue growth and profitability. These statements are subject to risks that may cause the actual results to be materially different in future periods from those expressed or implied by such forward looking statement. It is our policy not to update forward looking statements.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. Further risk information on the Company is available at www.sedar.com.

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